

Dr. Ali Tariq

1- Vitamin D Linked to Skin Cancer:

High levels of vitamin D are associated with an increased risk of nonmelanoma skin cancer, researchers reported. (8/15/2011)

2- Clindamycin Works Better for Skin Infections in Kids:

For children with skin and soft tissue infections, clindamycin is the antibiotic of choice for empiric treatment, researchers found. (8/15/2011)

3- Methotrexate Cuts Scleroderma Flares in Kids:

Methotrexate is effective in juvenile localized scleroderma when given with a short course of steroids, a randomized study confirmed. (7/15/2011)

4- Cancer Risk Higher in Tall Women:

Tall women are at greater overall risk for cancer than their short counterparts, although the degree of risk varies depending on the type of cancer, a large U.K. prospective study confirmed. (7/20/2011)

5- Possible link between psoriasis and CVD risk factors:

Patients with psoriasis are more likely than those with dermatitis to develop risk factors for cardiovascular disease, report researchers. (12 August 2011)

6- Topical anesthetics useful for pain relief when repairing skin wounds:

Findings from a Cochrane systematic review suggest that cocaine-free topical anesthetics are effective for pain relief during skin wound repair. (29 July 2011)

7- HPV infection increases risk for recurrent squamous cell carcinoma :

Infection with type beta or gamma human papillomavirus increases the risk for recurrent squamous cell carcinoma, show study results. (29 July 2011)

8- Aqueous cream damages skin barrier in people with atopic

dermatitis: Application of aqueous cream BP to the skin of people with a history of atopic dermatitis leads to significant skin barrier damage, report researchers. (22 July 2011)

7- Weight loss could improve psoriasis outcomes:

US researchers report that weight loss could play a potential role in the treatment of psoriasis after they observed a dramatic improvement in the condition of two patients who underwent gastric bypass surgery. (15 July 2011)

8- Nurse-led treatment 'cost-effective' in children with eczema

Eczema care provided to children by a nurse practitioner is associated with lower costs than care given by a dermatologist, researchers report. (01 July 2011)

9- Grape seed extract may reduce SCC risk:

Study findings suggest that dietary supplementation with grape seed extract may reduce a person's risk for developing squamous cell carcinoma. (17 June 2011)

10- Metabolic syndrome risk increased in psoriasis patients:

Patients with psoriasis are almost twice as likely to have the metabolic syndrome as people in the general population, study findings indicate. (14 January 2011)

11- Premature skin aging primarily linked to sun exposure and heavy smoking:

Premature skin aging before the age of 55 years is largely due to high sun exposure and heavy smoking, with male gender and fair skin also increasing the risk, say Australian researchers. (07 January 2011)

12- Chronic Itching as Debilitating as Chronic Pain:

Chronic pruritus may have a similar effect on quality of life as chronic pain, researchers reported. (6/20/2011)

13- Vitamin D Linked to Skin Cancer: High levels of vitamin D are associated with an increased risk of nonmelanoma skin cancer, researchers reported. (8/15/2011)

14- Botox Approved for Primary Axillary Hyperhidrosis:

Botulinum toxin type A (Botox[®]) has been approved for a new indication: treating primary axillary hyperhidrosis, according to an announcement from the Food and Drug Administration (FDA). (10/29/2004)

- Skin Tests May Give Clues to Safe Iodinated Contrast Media

- For patients with delayed allergic reactions to iodinated contrast media (ICM), skin tests may help in selecting an alternative agent, French researchers suggest. *Reuters Health Information*, August 17, 2011

15- SDEF: Variety Key to Strategy for In-Office Infliximab for Psoriasis: WAILEA, Hawaii -- Long-term remission of even severe psoriasis is possible by modifying both the dose and frequency of infliximab (Remicade) following induction doses, a researcher said here. (2/12/2009)

16- Environmental and social factors may influence development of eczema

Metropolitan living, black ethnicity, and high household education level are predictors of increased eczema prevalence, show results from a national survey of children in the USA. (07 January 2011)

17- Smoking increases risk for adult-onset atopic dermatitis: People who have ever smoked or who currently smoke are at increased risk for developing adult-onset atopic dermatitis, say researchers. (04 February 2011)

18- Psoriasis makes hypertension harder to control: Study results show that hypertension is less easily controlled in patients who also have psoriasis compared with non-psoriatic hypertensive patients. (08 April 2011)

19- Dead Sea climatotherapy more effective for early-onset psoriasis: Dead Sea climatotherapy is not only highly effective for treatment of plaque psoriasis, but has the greatest effect on early- versus late-onset forms of the disease, report researchers. (27 May 2011)

20- Isotretinoin does not negatively affect sleep or executive function: Results from two studies suggest that contrary to previous claims, the acne medication isotretinoin does not adversely affect sleep or parameters of executive function. (13 May 2011)

21- Halo nevi may predict vitiligo onset in some patients: Halo nevi can represent a distinct condition, but can precede vitiligo development in some patients, report researchers. (25 March 2011)

22- Good patient-doctor relationship key to management of psoriasis: The latest guideline in a series published by the American Academy of Dermatology suggests that patient education and the fostering of a good patient-doctor relationship is essential to optimize psoriasis treatment. (11 March 2011)

23- Infantile Vascular Tumor Treatments More Successful When Using Beta-Blocker: According to a report published Online First by Archives of Dermatology, one of the JAMA/Archives journals, using the beta-blocker propranolol for treatment of infantile hemangiomas (IHs) was linked to higher rates of... (18 August 2011)