#### Determination of Lead in Hair and Nails of

#### **Electrical Generators Workers in Hilla City**

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## Abstract

Lead is one of the most important and widely distributed pollutants in the environment, the major sources of lead is bathtubs (cast iron, porcelain, steel), batteries, dust, paints, pesticide industry and tetraethyl lead Pb ( $C_2H_5$ )<sub>4</sub> as an antikoncking in petrol.

Lead concentration was determined in (30) samples collected from hair and nails of electric generators workers, and (10)

93

samples as a control by using atomic absorption spectrophotometry.

The average of lead concentration was found to be  $(2.43 \times 10^{-2} \text{ ppm})$  in hear and  $(2.02 \times 10^{-2} \text{ ppm})$  in nails, the correlation factor between period time (year) and lead concentration was (r = 0.8131), (r = 0.0578) in hair and nails respectively and the period time was between (1 - 9) years at (8) hours (day).

# الخلاصة يعد الرصاص من العناصر الاساسية السامة في تلوث البيئة، كونه يأتي من مصادر عدة اذ يستعمل في صناعة أنابيب مياه الشرب ( الأنابيب المغلونه ) وفي صناعة مركبات مبيدات الحشرات وصناعة الأصباغ وصناعة البطاريات ويمكن عد اكثر مصدر للتلوث بالرصاص هو رباعي اثيل الرصاص المستخدم كمادة ضد القرقعة في وقود السيارات.

تم تقدير تركيز الرصاص في ( 30 ) عينه جمعت من شعر واظافر عمال المولدات  
الكهربائية الأهلية التي تعمل بالبنزين مع ( 10 ) عينات سيطرة باستخدام تقنية  
الامتصاص الذري .  
وجد أن معدل تركيز الرصاص في الشعر (ppm 
$$^{2-}$$
 ppm )، أما في الأظافر  
وجد أن معدل تركيز الرصاص في الشعر (meacurrent construction)، أما في الأظافر  
كان (meacurrent construction)، وان معامل الارتباط بين مدة العمل (السنة) وتركيز  
الرصاص في الشعر كان ( r=0.8131 )، أما في الأظافر كان (meacurrent construction) ، أما في اليوم .  
حيث تراوحت مدة العمل بين ( 1 – 9 ) سنوات وبمعدل ( 8 ) ساعات في اليوم .

## Introduction

Heavy metals are elements with density more than  $5g/cm^3$ , positioned at lower right corner of periodic table, high affinity towards S, atomic number of 22-92, and periodicity of 4-7. High metal affinity towards (S) atom causes spontaneous bonding with (S) atom<sup>(1)</sup>.

Elements of heavy metals are distributed on our earth's surface, soil, water, and air, the heavy metals are in the form of organic compounds, inorganic, and bond to other metals which are hazardous compared to its free state, mercury, lead, and arsenic with the assistance of bacteria containing methyl cobalamine coenzymes alters heavy metals into methyl

compounds of heavy metal that are hazardous in the form of gas or fluids<sup>(2)</sup>.

Heavy metals are causing mineral imbalance which can lead to many of diseases in human and animals such as hyperglycemia, hyperactivity, headaches, hypertension, cancer and arthritis<sup>(3)</sup>. The levels of trace elements in the human body are often evaluated by determining their concentration in blood, urine, hair, and some tissues<sup>(4,5)</sup>.

Hair can provide a more permanent record of trace elements associated with normal and abnormal metabolism as well as trace elements assimilated from the  $environment^{(6,7)}$ .

96

A hair samples are easily collected, conveniently stored, and can be easily treated, therefor the analysis of human hair has becomes an important way to understand any quantitative change in certain elements inside the body<sup>(8)</sup>.

Like hair, nails have many superficial advantages as a biomarker for Pb exposure, especially because specimen collection is noninvasive and simple and because nail specimens are very stable after collection, not requiring special storage conditions, Nail-Pb is considered to reflect long-term exposure because this compartment remains isolated from other metabolic activities in the body<sup>(9)</sup>.

Lead is mostly used in battery, cable, coloring and pesticide industry, and as an antiknocking in petrol, lead is added in petroleum as tetraethyl lead Pb  $(C_2H_5)_4$  or tetra methyl lead Pb  $(CH_3)_4$ , the compound is mixed with ethylene dichloride  $(C_2H_4Cl_2)$  and ethylene dibromide  $(C_2H_4Br_2)$  to increase octane of petroleum, so that lead does not precipitate in the cylinder or spark plug, thus engine use and efficiency is increased<sup>(10)</sup>.

97

This work amid to determination of Pb concentration in hair and nails of electrical generators workers in Hilla city.

## Experimental

## A- Instrumentals:

- 1- Pye Unicom Flame Atomic Absorption Spectrophotometer.
- 2- Digital Balance (Startorios, Bp-3015, Germany).

## **B-** Reagents:

Standard stock solution of lead (II) (20 ppm) was prepared by dissolving (0.0031 gm) in 100 ml distal water of Pb  $(NO_3)_2$  ( Analar – Riedel – Dehean ).

Concentrated nitric acid and perchloric acid (Analar – Merck).

## C-Sample preparation:

A (0.04) gm hair and (0.03) gm nails was collected from electric generators worker, samples were washed twice,

first with acetone and then with double distal water and dried

After heating for 30 min. at a temperature of 50-80 c°, samples was digested with (3:1) perchloric acid to nitric acid mixture<sup>(11)</sup>.

Samples were measured by using atomic absorption spectrophotometer, standard curve was obtained during the measuring.

#### **Results & Discussion**

To determine lead concentration in samples calibration curve should be obtained, figure (1) shown the calibration curve of lead.

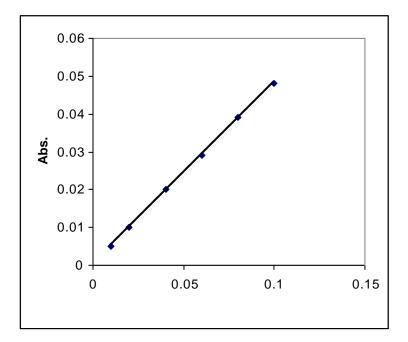


Fig.(1) Calibration curve of Pb<sup>+2</sup>

From fig.(1) many parameters are obtained, like linearity (  $R^2 = 0.9997$  )

and the average concentration of lead in hair and nails are (2.43 x  $10^{-2}$  ppm) and (2.02 x  $10^{-2}$ ppm) respectively in  $Pb \operatorname{conc.(ppm x 10^{-2})}$  samples, but in controls it was found (3.26 x  $10^{-3}$  ppm) in hair and (0.83 x  $10^{-3}$ ppm).

The relation ship between lead conc. in hair and nails with period time of work/ year was shown in fig. (2 & 3).

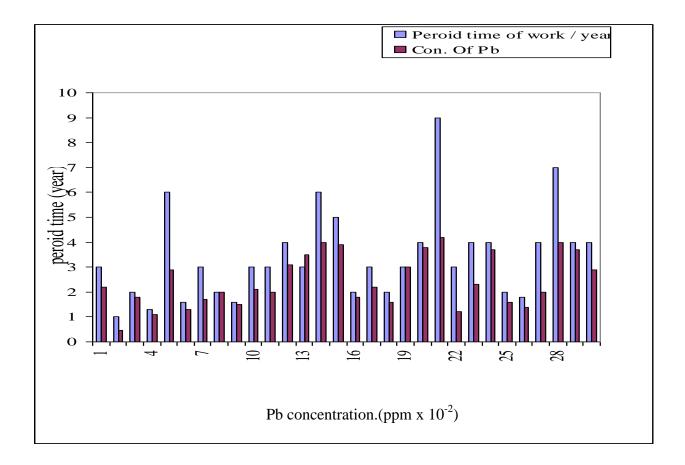


Fig.(2) The relation ship between Pb concentration in hair with

period time (year).

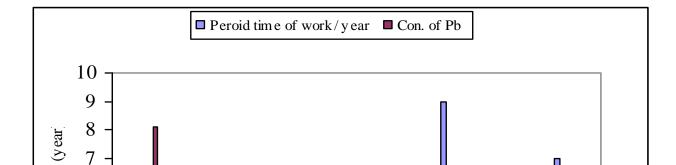


Fig.(3) The relation ship between Pb concentration in nails with period time (year).

Figure (2) show the increase in lead concentration in hair with increase in period time of work/ year and the correlation factor is (r = 0.8131).

Figure (3) show the concentration of lead in nails is increase non linearity with increase in period time of work/ year and the correlation factor is (r = 0.0578).

These figures (2&3) explain the hair is more pollution than nails.

The effect of smoking on the concentration of lead in hair and nails was also studded, it was found that the lead concentration increases in smoking workers compared with nonsmoking, Table (1) shows the effect of smoking on the lead concentration. Table (1) Effect of smoking on the lead concentration in hear and nails.

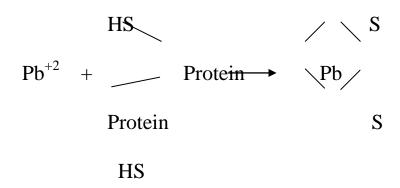
|        | Smoking worker          |                         | Nonsmoking worker       |                         |
|--------|-------------------------|-------------------------|-------------------------|-------------------------|
|        | Pb                      | Pb                      | Pb                      | Pb                      |
|        | con.(ppm)               | con.(ppm)               | con.(ppm) in            | con.(ppm)               |
|        | in hair                 | in nails                | hair                    | in nails                |
| Sample | 2.50 x 10 <sup>-2</sup> | 2.32 x 10 <sup>-2</sup> | 2.33 x 10 <sup>-2</sup> | 1.63 x 10 <sup>-2</sup> |

| S       |                        |                        |                    |                         |
|---------|------------------------|------------------------|--------------------|-------------------------|
| Control | 3.2 x 10 <sup>-3</sup> | 1.5 x 10 <sup>-3</sup> | $1.10 \ge 10^{-3}$ | 0.17 x 10 <sup>-3</sup> |
| S       |                        |                        |                    |                         |
|         |                        |                        |                    |                         |

The table and figures refers to increase lead concentration in samples compared with controls (ten times), this values of (Pb) lead to many hazardous like lead intoxication vary from nausea, anemia, stomachache to paralysis<sup>(12)</sup>, lead can affect the nervous system, intelligence, and child growth because lead may replace calcium in bones causing paralysis it is also stated that anemia is due to lead in blood influencing ALAD (delta amino levulonate dehydratase) activity in hemoglobin formation of red blood cells. Ca, Fe, Zn, Cu, and phosphate deficiency will increase lead absorption in body tissue<sup>(13)</sup>, kidney is the main target organ heavy metal intoxication, the mechanism of kidney of intoxication is presumably through heavy metal effect on-SH bonds of dehydrogenase enzymes. In acute intoxication, heavy

metals such as As, Bi, Cd, Pb, Hg, and U cause tubular necrosis, oligosuria, and renal failure<sup>(14)</sup>.

Lead particle fumes if inhaled through respiration eventually will affect health, small lead particles inhaled in the lung will flow in the blood stream and may destroy red blood cells in several ways such as decreasing red blood cells, decreasing hemoglobin synthesis, and inhibition of heme synthesis causing anemia, in general the mechanism of anemia due to lead has been explained by Soedigdo<sup>(1)</sup>, due to the formation of Pb and enzyme compound this complex will become inactive, resulting in delay of hemoglobin synthesis and causing anemia through the following reaction:



Besides its hematological effects, lead also is known to delay birth, cause sterility, miscarriage, and fetal death, the general toxic capacity of lead in human causes severe damage in kidney, reproductive system, liver, brain, central nervous system, and eventually death<sup>(15,16)</sup>.

The influence of lead contained in wallpaper or paint is believed to cause mental retardation in children, schizophrenia and mania especially those living in old houses that do not meet healthy living standard<sup>(1,17)</sup>.

#### **Conclusions**

This work reflects the amount of pollution in electric generators workers due to the direct contact with fuel that contains high amounts of  $Pb (C_2H_5)_4$  compound.

The concentration of lead in electric generator workers is higher than control, it is about (ten times).

The worker should be carry by safety conditions like gloves and caps to minimize the hazardous of pollution.

The smoking effect is show very clear on the smoking worker compared with non smoking workers because this staff (smoking) has a high concentration of lead.

The pollution by lead in hair is higher than in nails, because lead is still in hear root, but nails are cat off in every time,

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